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## THE ROLE OF HEALTHY SOCIAL COMPETITION IN DETERMINING YOUNG LIFESTYLE

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**Annotatsiya.** Ushbu maqolada yoshlarning munosib turmush tarzini belgilashlarida sog`lom sotsial raqobatning o`rni haqida so`z yuritilgan. Shuningdek, kelajagimiz egalari bo`lgan yoshlarimizning qonuniy huquq va manfaatlarini ta`minlash, ularning orzu-intilishlari, qobiliyat va salohiyatini ro`yobga chiqarishda olib borilayotgan davlat siyosati tahlil qilingan.

**Kalit so`zlar:** yoshlar, sog`lom sotsial raqobat, madaniyat, modernizatsiya, voyaga yetmaganlar, raqobatbardosh kadrlar, mehnat bozori.

**Аннотация.** В этой статье обсуждается роль здоровой социальной конкуренции в определении достойного образа жизни для молодых людей. В нем также анализируется государственная политика, направленная на обеспечение законных прав и интересов наших молодых людей, которые являются хозяевами нашего будущего, а также реализации их мечтаний, стремлений, способностей и потенциала.

**Ключевые слова:** молодежь, здоровая социальная конкуренция, культура, модернизация, несовершеннолетние, конкурентоспособный персонал, рынок труда.

**Annotation.** This article discusses the role of healthy social competition in determining a decent lifestyle for young people. It also analyzes the state policy pursued to ensure the legitimate rights and interests of our young people, who are the owners of our future, and the realization of their dreams, aspirations, abilities and potential.

**Key words:** youth, healthy social competition, culture, modernization, minors, competitive personnel, labor market.

**Introduction.** From the first years of independence, our country has been focused on educating a healthy and harmoniously developed generation, realizing the creative and intellectual potential of young people, creating the necessary conditions and opportunities for training competitive personnel in the modern labor market. measures were taken. In our country, systematic work is being carried out to bring up the younger generation, to create all the necessary conditions for them to take an independent step in life. Five important initiatives, including the broad involvement of young people in culture, arts, physical culture and sports, raising their literacy in information technology, promoting reading among young people, employment of women is being done. At the same time, ensuring the employment of young people through the formation of modern entrepreneurial skills and the creation of new jobs, effective organization of juvenile delinquency and crime prevention, prevention of family divorces, the idea of strong patriotism in the younger generation and a number of problems remain in the formation of a firm civil position.



**Literature review.** We all know that in recent years, the attitude to the youth of our country has completely changed. On the basis of the state youth policy, reforms are being carried out consistently and effectively to ensure the legitimate interests of young people and to realize their aspirations. All conditions are being created for the youth of Uzbekistan to master the knowledge and professions and become mature specialists and patriots.[5]

We have witnessed the creation of a completely new system of work with young people in our country, the growing social activism of our sons and daughters, a growing sense of belonging to the Motherland and the people, the worthy participation of our younger generation in building a modern, democratic Uzbekistan.

Ensuring the legitimate rights and interests of our young people, who are the owners of our future, the realization of their dreams, aspirations, abilities and potential is one of the most important and priority areas of public policy, and great work is being done in this direction.

**Research Methodology.** On this basis, significant work is being done to strengthen the civic position and activism of our young generation, to educate them to think independently, to acquire modern knowledge and skills, to compete in the international arena. Most importantly, the task of constant communication with young people, ensuring their employment, finding their place in life, becoming worthy members of society, improving working and living conditions is becoming a criterion of our daily activities. Practical proof of this can be seen in many examples. In particular, the creation of new jobs for young people, the provision of loans to young entrepreneurs, especially girls, to engage in handicrafts, their professional training and development, support for farming, education of our children, their health. Important steps are being taken to improve the organization of leisure time.[6]

**Analysis and results.** It is noteworthy that in just one year, on the recommendation of the Youth Union of Uzbekistan, about 4,300 young people were given soft loans by banks worth 216 billion soums, and more than 184,300 children were employed.

In our country, it has become a positive tradition for the heads of central and local authorities, the corps of deputies, the judiciary to hold open dialogue with young people. In such dialogues and meetings, many of the problems facing young people are addressed on the spot, and they are provided with practical assistance, qualified advice and referrals.

Today, in order to renew and modernize our country, to develop it on an innovative basis, to carry out the multifaceted and complex tasks set before us, we need to be modern and creative-minded, able to take responsibility in any situation. We entrust important tasks in the management of the state and society to young, patriotic young people with high intellectual potential.[1]

In this regard, many young people in the ranks of the Youth Union of Uzbekistan, who are undergoing a school of experience and skills for young, promising personnel, with modern knowledge and skills, leadership potential, work in ministries and departments, large companies and banks. His appointment to positions of responsibility in the youth associations gives a new spirit and meaning to our lives.



Today, within the framework of the Action Strategy, our young men and women are active in the implementation of such large-scale programs as "Youth - the builder of the future", "Prosperous village", "Prosperous neighborhood", "Smart city" that participation will no doubt delight us all.

I believe that such a huge creative process will play an invaluable role in revealing the projects and initiatives put forward by our youth, in shaping them as dedicated leaders and specialists, real people and citizens.

We have established the "Mard Oglon" state prize and the "Kelajak Bunyodkori" Medal for our courageous young people who set an example for others with their hard work, initiative and spiritual qualities in creating a new image of our dear Motherland. and it is a great pleasure for all of us to have the first winners of these awards among you today.

Over the past year, 266 of our boys and girls have won national and 80 international science Olympiads, 12 of our athletes have won world and 93 Asian championships, and more than 150 have won international competitions. we accept it as the first result of our noble deeds.

In the spirit of national and universal values, great changes are taking place in the field of education so that our youth can grow up healthy and harmonious in all respects. In particular, a modern system of preschool education is being created. In the system of higher education, new, modern educational institutions, including branches of prestigious foreign universities, are being established and radically improved.[6]

The establishment of Temurbek military lyceums, Muhammad Khorezmi and Mirzo Ulugbek schools, creative schools named after our famous writers in our country serves to bring up our children as a generation worthy of our great ancestors.

In particular, the creation of an effective system of state-sponsored education and training of talented young people in the world's leading universities and research centers is an important task before us.

The issue of social protection of young people and young families is also becoming one of the most important and priority areas. In this regard, it should be noted that the program of construction of Youth Homes is being implemented in order to support young families who are actively involved in the socio-political life of the country, to improve their housing and living conditions.

To pay more attention to the life problems of our youth, to increase the number of modern jobs that suit them, to support their noble aspirations and initiatives, innovative ideas, to improve the social and living conditions of our young generation. will remain the most basic, decisive task of all levels of government.

We all see and observe that today's rapidly changing world is opening up new horizons and opportunities for humanity and young people, as well as exposing them to various unprecedented dangers.

Threats such as religious extremism, terrorism, drugs, human trafficking, illegal migration, and "mass culture" are causing great suffering to many families and countries. His mother is killing them against her homeland.[2]

That is why parents, teachers, educators, the public, the community have become more vigilant and aware of this issue, and as our great enlightened ancestor



Abdurauf Fitrat said, this world is truly a battlefield, a healthy body, a sharp mind. and we need to work on the basis of enlightenment against ignorance, with a deep understanding that good morality is becoming a weapon of this struggle.

Due to the qualities of tolerance, forgiveness and nobility of our people, it is important for our country to forgive and return to a peaceful life the young people who knowingly committed crimes, strayed from the right path and sincerely regretted their actions. attention is being paid. It should be noted that the return of hundreds of young people - citizens of Uzbekistan to their parents and families - as a result of such practical work is an important step towards strengthening a healthy social environment, the principles of humanity in our society.[4]

At the same time, we believe that it is very important for the youth of Uzbekistan to keep pace with the times and establish effective dialogue, friendship and cooperation with their peers in countries around the world. Indeed, Uzbekistan is a country of active and enterprising youth, with more than 60% of the population being young. Of course, this requires a great deal of attention and care, which imposes a great responsibility on our state. Therefore, the issue of development of our young people as aspiring, well-rounded, educated and talented people is approached by the state in a unique, modern way, in further ensuring the rights and freedoms of young people, their opportunities and interests. The organizational and legal framework for protection is being improved in line with the times.

**Conclusion.** This care and attention paid to our youth is bearing fruit today. Today, the bulk of Uzbekistan's labor force is young. As the head of our state said, "If we can combine the knowledge and experience of the older generation, the qualities of foresight with the enthusiasm, courage and dedication of our youth, we will surely achieve our goals." [3]

In a very short period of time, such virtues as devotion, courage, activism and creativity have been instilled in the consciousness of our compatriots, in the daily life. Today, every young person lives with the noble goal of contributing to the development of our country. is doing. This new spirit of entrepreneurship is deeply rooted in the essence of all problems and issues, the process of positive solutions, taking into account the views of young people, is gaining special recognition. Of course, the current state youth policy in our country and its effective results are of great interest to the world community.

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